

St. Lawrence Valley Paddlers run-paddle-run duathlon
Wednesday, May 15, 2019

A spirited race was enjoyed by paddlers and runners on a lovely, cool May evening. The rain cleared just as the event was preparing to commence. Lyles Trombly (Canton) was first in all three legs, including a fast start in his first outing in an Epic 18x kayak. He was followed closely onto the water by Emma Duffany, Charlie Sheen and Allen Kelly.

The buoy turn was the place to be for excitement as Scott Visser led a pack around the turn with Allen Kelly, Charlie Sheen and Emma Duffany in close quarters as they continued the chase of Lyles Trombly back to the Little River boat launch for the final run.

The evening ended with Lyles Trombly holding out against the team of Scott Visser (Potsdam), Jenny Walker and Brian Walker (both of Potsdam) for the fastest time of the event. Emma Duffany (Canton) was the first solo woman.

Join us for the second of the 4 part series on Wednesday June 19th 2019 at the Little River boat launch on Park Street in Canton. This free event has a sign in at 5:30pm with the event start at 6:30 pm. Thank you to Ben Pierce and Heather Aschenbrenner for their assistance with this evening's event.



Name	Time
Lyles Trombly	0:31:48
Scott Visser, Jenny & Brian Walker	0:32:34
Allen Kelly	0:33:13
Emma Duffany	0:34:09
Peter Cain & Lyn Short	0:35:09
Charlie Sheen	0:35:50
Brian Bradford & Justin LaSalle	0:37:57
Mary & Jackilyn Kelly	0:39:05
Emma Brackett	0:39:47