

In theory the SLVP Duathlon series has a director, but in practice it's the participants who control the event. Consider:

Kerry Newell awarded himself a head start. He figured he needed it to compensate for the fact that he'd decided to do the run with his canoe in tow. Practicing for the 90-miler, he said. Everyone else started at the appointed time, 6:30 PM.

Sue Dodds decided not to paddle at all. She ran 4.2 miles instead.

And Mary Kelly continued her double dipping, competing in both the solo event and as the paddler for her daughter Jackilyn.

There was also some competition. Phil Le Marche won the solo division again, this time while paddling a canoe. In second place, Allen Kelly passed Will Siegfried twice on the paddling portion, once before the buoy turn and once after.

In the women's division, Sarah Wentzel was first to the water, followed by Emma Brackett and Mary Kelly. They came out of the water in the opposite order. Mary kept her lead, but after some lead changes in the run Sarah finished a bit ahead of Emma.

The fastest time of the day was posted by the team of Jon Ignatowski and Gene and Haley Newman.

That completes the Duathlon series for 2015. It resumes May 18, 2016. Before that, don't miss the Remington 2 on September 5, from Rensselaer Falls to Heuvelton. Registration for this event begins at 9 am with the first start line at 10 am. Please note that there are many activities to enjoy in Heuvelton as the village celebrates its Labor Day Festival happening Saturday September 5<sup>th</sup> and Sunday the 6<sup>th</sup>. Please see the St. Lawrence Valley Paddlers web site at [www.slvpaddlers.org](http://www.slvpaddlers.org) for more information about paddle sports for fitness and fun. Also, the Facebook page Heuvelton Labor Day Festivities for the latest on the fun in Heuvelton.

Phil Le Marche	Canton	31:46:00
Allen Kelly	Rensselaer Falls	33:45:00
Will Siegfried	Potsdam	35:49:00
John Lounsbury	Madrid	40:17:00
Steve & Jessie Coffin, Rorie	Canton	37:33:00
Scott and Eileen Visser	Potsdam	44:13:00
Andrea Dodds and Kerry Newell	Canton, Heuvelton	104:23:00
Jon Ignatowski and Gene & Haley Newman	Down the Road	27:54:00
Noah and Julian Dodds	Canton	40:16:00
Ted Dominy and Daniel Dodds	Parishville	40:32:00
Jackilyn and Mary Kelly	Ogdensburg, Rensselaer Falls	38:19:00
Kathy Duffany and Blanche Town	Canton, Canton	41:07:00
Mary Kelly	Rensselaer Falls	36:51:00
Sarah Wentzel	Hermon	38:39:00
Emma Brackett	Canton	38:50:00
4.2 Mile run: Sue Dodds	Parishville	42:15:00

