May 2015

The first SLVP Duathlon of the year got off to a great start with perfect weather and more than a dozen participants. There were five teams entered and five competing as individuals. Due to the flexible nature of this fun-for-anyone event, Mary Kelly was able to enter both categories!

The fastest time was posted by the team of Gene Newman and Jon Ignatowski, while the quickest individual was Jim Allott. The youngest team was Noah and Julian Dodds, 12 and 10 years old, respectively.

In previous years this event has been held in June, July and August. This year an extra race was added in May. The sunny and cool weather was perfect for both running and paddling. Both kayaks and canoes were used in both the solo and team categories. The event has few restrictions—if it floats, it should qualify, as long as there's a life jacket on board.

The entry fee should not keep anyone from coming for the next Duathlon to be held on June 17: it's free. Registration begins at 6 pm, with somebody yelling "Go!" at 6:30.

The next event for St. Lawrence Valley Paddlers is the two day Madrid Canoe Regatta on Saturday June 13<sup>th</sup> and Sunday June 14, 2015. For more information, please visit: <u>www.slvpaddlers.org</u>

Results:

Gene Newman and Jon Ignatowski 26:45 Victoria Ledere and Dwight Stevenson 32:23 Jackilyn and Mary Kelly 38:11 Robert Digiacco and Alka Srivastava 39:33 Julian and Noah Dodds 49:16

Jim Allott 29:03 Phil LaMarche 31:49 Will Siegfried 34:22 Mary Kelly 35:56 Blanche Town 41:47