

## July 17th 2019 St Lawrence Valley Paddlers Run-Paddle-Run Duathlon

The storm cleared just prior to the arrival of 33 participants at the Little River boat launch in Canton for St. Lawrence Valley Paddler's third run-paddle-run duathlon of 2019. The first place solo male finisher was Arden Kellner in a time of 29:22 (minutes:seconds). Emma Duffany enjoyed another first place finish in the solo woman category in a time of 31:18, and Scott Visser (kayaking) and Hayden Trejos (running) finished first in a large field of teams with a time of 25:26.

In the team category runner Josh Akins got his paddling teammate Allen Kelly on the water before Scott Visser was paddling for team Trejos/Visser. However, Visser passed Kelly somewhere on the Little River and Hayden Trejos held onto the lead in the final run. Team Trejos/Visser finished 32 seconds ahead of team Akins/Kelly with the fastest time overall.

Please visit [www.slvpaddlers.org](http://www.slvpaddlers.org) for additional photos, results and information about paddle sport opportunities. The final 2019 Run-Paddle-Run Duathlon will be held on Wednesday, August 21<sup>st</sup>. Event start is 6:30 p.m. and is free to all. Sign in begins at 5:30 p.m.

<b>Solo:</b>	<b>Time:</b>
Arden Kellner	0:29:22
Emma Duffany	0:31:18
Lyles Trombly	0:31:42
Johnny Newman	0:31:55
Eileen Visser	0:34:09
Lucas Ladouceur	0:34:44
Mary Kelly	0:34:51
<b>Team:</b>	<b>Time:</b>
Hayden Trejos & Scott Visser	0:25:26
Josh Akins & Allen Kelly	0:25:58
Mary Kate Howard & Gene Newman	0:28:07
Autumn Crabtree & Matt Skeels	0:29:13
Arianna Whittaker & Will Siegfried	0:29:52
Justin LaSalle & Brian Bradford	0:33:18
Lyn Short & Bill Short	0:33:30
Kyle & Megan Holloway	0:34:13
Christopher & Myles La Point	0:36:54
Charlie Shene & Myles La Point	0:36:54
Jackilyn & Mary Kelly	0:38:09
Dave & Lisa Guccione	0:39:39
Paul & Debra Backus	0:41:42
Brittany & Shane Ashley	Short course



