

August 21st 2019 St Lawrence Valley Paddlers Run-Paddle-Run Duathlon

Solo:	Time: (hours:minutes:seconds)
Lyles Trombly	0:31:15
Mary Kelly	0:35:04
Bill Jemison	0:37:07
Marty Duffany	0:37:37
Team:	
Josh Akins & Allen Kelly	0:25:53
Scott Viser & Andy Whittier	0:26:39
Jeff Lyndecker & Gene Newman	0:27:32
Matt Skeels & Autumn Crabtree	0:29:15
Chris LaPoint & Myles Lapoint	0:32:56
Lynn Short & Peter Cain	0:34:21
Wayne Simmons & Carley Simmons	0:36:07
Mary Kelly & Jackilyn Kelly	0:38:03
Dave Guccione & Lisa Guccione	0:38:07
Charlie Sheene & Heather Rae Aschenbrenner	0:38:37
Paul Backus & Debra Backus	0:39:49





