

SLVP Duathlon #3

Wednesday, August 20th, 2014

Canoe-Run Duathlon Series

The St. Lawrence Valley Paddlers hosted their third and final Canoe Duathlon of the 2014 season on Wednesday evening. The culminating event was highly successful, yet again with near record participation of 17 teams and a new overall performance record getting set. Teams from Canton, Lisbon, Rensselaer Falls, Heuvelton, Norwood, Ogdensburg and West Stockholm braved the ominous skies and the threat of rain to aid in the growth of this fledgling event.

The course record was improved for the second straight time, this month with the team of Jon Eng and Gene Newman. Jon, a standout cross country and track and field graduate of St. Lawrence University teamed up with veteran paddler and Grasse River Boatworks co-owner/builder, Gene Newman to better the event record by over a minute with a time of 25:15.

The men's category leaders were the new record holders, Gene Newman and Jon Eng. Dwight Stevenson and Lyndsay LaBarge ran away with the mixed category with a time of 31:45 while Kathy Duffany and Blanche Towne raced to top honors in the women's division with a time of 38:40. Emma Bracket won the solo women's race with a season's best time of 35:23. Jake Malcomb stayed on course this week to lead a very competitive solo men's field with a time of 30:10.

The next SLVP event on the schedule will be the annual Remington II Canoe Race from Rensselaer Falls to Heuvelton on Saturday, August 30th. Visit the St. Lawrence Valley Paddler website at:

<http://www.slv paddlers.org/> for addition events and details.

<u>Division: Participants</u>	<u>Hometown</u>	<u>Finish Time</u>
Team, Men		
Gene Newman / Jon Eng	Canton / Norwood	25:15
Johnny Newman / Jeff Lyndaker	Rens Fls / Canton	27:18
Sawyer Howell / Kerry Newell	Madrid / Heuvelton	29:57
Allen Kelly / Dave Macadoo	Heuvelton / Rens Fls	32:02
Team, Mixed		
Dwight Stevenson / Lyndsay LaBarge	Canton	31:45
Pam Rowe, Will Glass	Lisbon / W Stockholm	35:57
Larry Rowe, Jeff & Patty Hunter	West Stockholm	37:01
Katja Schmid-Doyle / Haley Newman / Jake Fredericks	Canton / Canton / Ogd	43:52
Team, Women		
Kathy Duffany / Blanche Town	Canton	38:40
Jacki Kelly / Mary Kelly	Rensselaer Falls	39:11
Cara Coffin / Wyatt Newman	Lisbon / Rens Falls	?
Solo, Men		
Jake Malcomb	Canton	30:10
Phil LaMarche	Canton	30:26
Drew Pynchon	Canton	40:15
Andrew Leiser	Canton	42:55
Solo, Woman		
Emma Bracket	Canton	35:23
Mary Kelly	Rensselaer Falls	38:05
Run Only		
Andy Fisher	Ogdensburg	
Chase Tompson	Canton	
Andrew Diehl	Canton	

Notes:

CR – new course record, previous record was 26:27 set in July of 2014 by Jeff Lyndaker/Johnny Newman