On Wednesday evening, August 21st, St. Lawrence Valley Paddlers held their third duathlon of the season at Little River boat launch in Canton. "I believe that is a course record ", said Steve Coffin, race director. He was referring to the time of 27:08 put up by the team of Johnny Newman in canoe and Jeff Lyndaker running. They edged out the second place team of Will Glass and Allen Kelly. On a night when the event was dominated by family teams, first place in the solo women was Mary Kelly followed by Sue Dodds.

Next on the schedule is the Remmington II Canoe and Kayak race on Saturday August 31st. This race begins in Rensselaer Falls and goes downstream 6 miles to Heuvelton, ending above the dam. Come join us for this race! Registration at 9am, race starts at 10am. There will be both recreational and competitive classes with awards three deep in each class. More info at www.slvpaddlers.org

<u>Teams, men</u>	Time
Johnny Newman, Jeff Lyndaker	27:08:00
Allen Kelly, Will Glass	28:43:00
John Newman, Jake Cockrell	33:20:00

Teams, mixed

Gene and Haley Newman, Emma Duffany	30:35:00
Kelly Ayen, Luke Ddunkleberg, Zack Ayen	32:03:00
Heidi, Scott, Sawyer, Emma, Eileen Visser	33:49:00
Will, Ellie, Tara Seigfried	34:31:00
David Robertson, Jacki Kelly	47:35:00
Krista, Ana and Jason Kelly, Tabitha	
Lalonde	58:30:00

Women, solo

Mary Kelly	37:02:00
Sue Dodds	40:52:00